

Thank you for volunteering with the Berkeley Food Network. We look forward to seeing you in the warehouse soon!

Below is an overview of our work, warehouse procedures, volunteer role specifics, and social media information to help make your volunteer experience at the warehouse safe and enjoyable.

Did you know that 1 in 5 Berkeley residents are not able to put enough food on their tables to live healthy, hunger-free lives? Our mission is to get food to people who need it.

The Berkeley Food Network was founded in December 2016 with the goal of ending hunger in Berkeley and Albany. We have an innovative mix of community-centered and collaborative programs to get healthy, nutritious food to the people who need it. At the heart of this work is our <u>food sourcing and distribution hub</u> operating out of our warehouse. This is where YOU – our volunteers – come in! As a volunteer, you are one of our greatest resources and our greatest ambassadors. Our work wouldn't be possible without you.

Our Volunteer Opportunities

BFN Warehouse

During these shifts you will work in the warehouse on a variety of tasks which might include assembling grocery bags for distribution, gleaning produce, or working on a food recovery project. If you like non-stop tasks until the work is done and the warehouse is clean -- this is the shift for you!

On-site Pantry

During these shifts you will first set up, stock and organize our pantry, then assist clients select and pack groceries. At closing you will break down, restock, and clean up. If you like interacting with people in a sometimes-fast-paced environment, sign up here!

Mobile Pantry

These shifts take place at off-site pantries in the community. We ask that you work 5 shifts in our on-site pantry first in order to learn about our processes and clients. You will meet the BFN van, set up, run the pantry, then break down and reload the van. Lifting is required. This is a great chance to engage with our clients out in the community!

Food Recovery

BFN receives donations of excess food from local restaurants, farmers markets, grocery stores, and gardeners. Volunteers help with pickup, intake, weighing, sorting, and processing. If you want to be part of the solution to food waste, please join us!

BFN Warehouse Procedures

We are practicing WHO-advised measures to ensure the health and safety of all our program participants, volunteers, and staff by:

- Screening staff and volunteers for COVID-19 symptoms and asking them to stay home if they are ill.
- Asking pantry visitors to avoid entering our premises if they have symptoms.
- Maintaining six foot distancing between all people at our warehouse, pantry sites, and in our hub kitchen.
- Mandating regular hand washing.
- Disinfecting all surfaces on a regular schedule.
- Keeping all touching to a minimum.

You will also receive a COVID-19 Checklist in our reminder email 1-day prior to volunteering. We ask you to self monitor and complete this checklist before coming to your volunteer shift.

As of August 2021 BFN is in compliance with the City of Berkeley's mask mandate. All volunteers must wear a mask, preferably a double mask or N95, at all times at our facility and when volunteering for us off-site.

Age Requirements

- Children ages 16-17: may volunteer on their own with an adult/guardian signature.
- Children ages 12-15: may volunteer with an adult present on the same shift.
- Children age 12 & under: BFN cannot accommodate volunteers under age 12.

*Volunteering at BFN is contingent upon one's ability to follow instructions & safety protocols to ensure tasks are completed in a correct, efficient, and safe manner.

Location

Our warehouse is located at 1925 Ninth Street, off of San Pablo Ave. Before you arrive, please make sure that you are wearing closed-toed shoes and a face mask. We have gloves on site for you to use during your volunteer shift, as well as a bike rack if you are biking to the warehouse.

Upon arrival, please enter through the black gate on 9th Street. Walk to the back wall and wash your hands. Shayna, our volunteer coordinator, will be there to ask you to sign a waiver then give you further instructions.

If you have any further questions, concerns, or are unable to make your shift, please email <u>volunteer@berkeleyfoodnetwork.org</u>.

Finally, join the conversation with Berkeley Food Network on social media!

